



NKFW Kidney Health Screening Program

National Kidney Foundation of Wisconsin (NKFW) is proud to raise visibility and public awareness of kidney disease through our kidney health screening program. Typically, the early stages of kidney disease have little to no symptoms, which means early intervention is critical, especially for at-risk populations. **To aid in detection of kidney disease in Wisconsin, NKFW offers FREE kidney screenings in a variety of communities throughout the state.**

Who is At Risk?

1 in 3 American adults – 73 million people – are at risk for developing kidney disease. Affecting up to 33% of Americans, and the 9th leading cause of death in the U.S., kidney disease is an under-recognized public health crisis. In fact, 2 in 5 (or 40%) of those with severe kidney disease don't even know that they have it. National Kidney Foundation of Wisconsin is committed to changing these statistics.

The most common risk factors include: having diabetes (Type 1 or 2), having uncontrolled high blood pressure, family history of kidney problems, high BMI, and being age 60+.

Program Goals

- ✓ Raise the general public's awareness about kidney disease and who is at risk
- ✓ Drive those who have kidney disease risk factors to get tested
- ✓ Encourage participants to connect with NKFW for more information

What Happens at a Screening

For each participant, a screening takes about 15-20 minutes* from start to finish, and includes a review of participants' health history, basic vital signs, urine testing for participants with an elevated risk of kidney disease, and discussion with a medical provider. No advance preparation is needed to participate, and there is no cost. Participants receive a copy of their results and are encouraged to discuss them further with their own doctor.

Station	Description	Volunteer Types
#1 - Registration	On-site, walk in registration	Open
#2 - Health Survey	2-page health survey	Open
#3 - Body Mass Index	Height & weight measurement	Open
#4 - Blood Pressure	Blood pressure measurement	MA, LPN, RN, etc.
#5 - Urinalysis	Urine sample, lab tested onsite in minutes	MA, LPN, RN, etc.
#6 - Clinician Consult	Review of lab results & risk factors and counsels the participants	NP, PA-C, MD, or other renal advanced practitioner
#7 - Evaluation & Resources	Evaluation of program and access to handouts and other additional resources	Open

Space Requirements & Screening Needs

NKFW's Kidney Health Screenings program is meant to be accessible and easily customized to the individual spaces and communities that we are in. Screenings can stand alone or be part of a health fair or similar event. Please see below for standard screening requirements:

- **Space for approximately 5-6 tables** - We can make any space work, but having room for approximately six (6) 6-ft tables is ideal. Tables and/or setup space should be provided by the host site when possible.
- **Outlet Access** - Our onsite lab station will need access to an outlet and power.
- **Private Bathrooms** - Having a set of dedicated bathrooms for participants to use for urine samples is ideal. Public bathrooms will also work but may result in delays in the screening process.
- **Dumpster Access** - For cleanup and waste disposal after the screening event.

Ready to schedule your event?

Contact Amanda Schellinger, Outreach Manager, at (414) 897-8669 or info@kidneywi.org to select a date for your event. Event dates may be limited due to availability or alternate commitments. Please contact us at least six (6) weeks in advance of your event to ensure enough time to prepare.

* Note: Waiting times may vary depending on provider availability, size of community, and other factors.