

HOME DELIVERED NUTRITION



Mom's Meals®, a PurFoods® Company
MomsMeals.com
1.866.716.3257

Partnering with you to provide dignity for individuals

Confidential and Proprietary

Virtual Hello!



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WHAT DO WE BELIEVE?

Better health begins with the food we eat every single day



Home delivered meals can promote dignity and empower access for better health

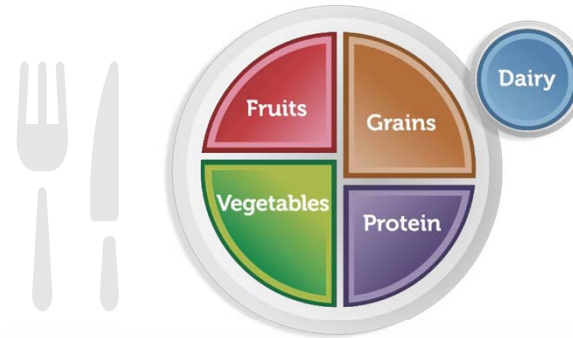
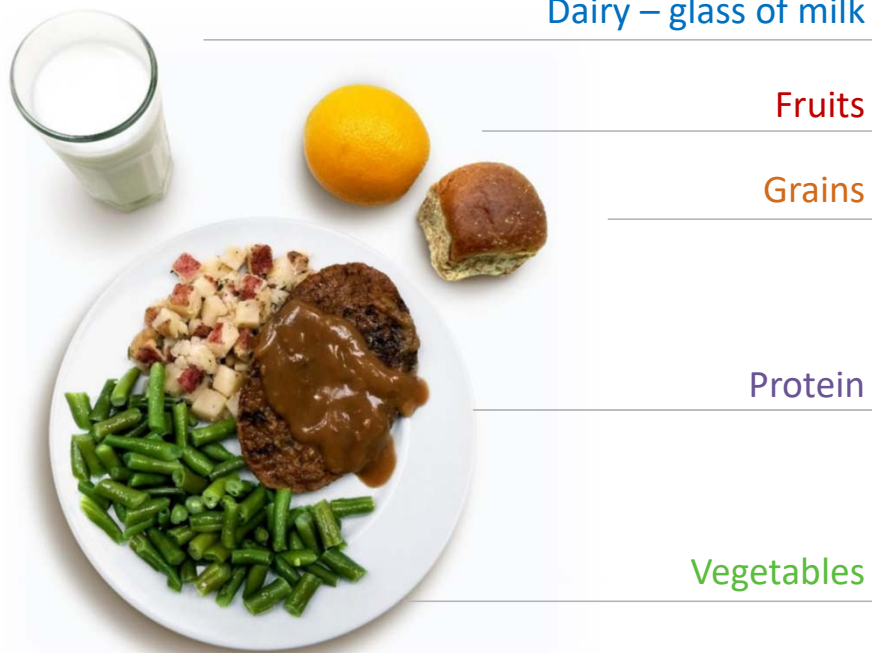


Together, we can make a remarkable impact to our communities



NATIONAL STANDARDS – ChooseMYPlate.gov

Typical Client Meal Proportions



MOM'S MEALS OFFERS MENUS AND MEAL CHOICES CENTERED AROUND INDIVIDUAL CLIENT NEEDS FOR HUNGER, SDOH, AND CHRONIC CONDITIONS



General Wellness Menu

Meets Dietary Guidelines



Diabetes-Friendly

carbs <65g/entrée
<110g/meal, sodium avg
570mg/entrée 810mg/meal



Gluten Free

Tested less than 20ppm, not
a dedicated kitchen



Lower Sodium

Sodium <800mg



Renal-Friendly

Sodium <700mg,
potassium <833mg,
phosphorus <300mg



Vegetarian

includes dairy, eggs, plant
protein, nuts and beans
(*Vegan not available*)



Heart-Friendly

Sodium <800mg, fat <30%,
sat fat <10%



Cancer Support

Calories >600, protein >25g



Pureed

For dysphagia patients –
those with difficulty
swallowing

