

Tailored nutrition therapy to help dialysis patients THRIVE.

pentecohealth

## RENAL

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IDPN Patient Education



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800.223.IDPN (4376) www.proplete.com

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### **Intradialytic Parenteral Nutrition (IDPN)**

Compounded according to physician prescription.

# What is Pentec Health's IDPN therapy and how can it help me?

The hemodialysis procedure increases your calorie and protein needs. Even if you follow your dialysis diet very carefully, you may still have a difficult time getting vital nutrition through food and dietary supplements. You may also experience poor appetite, nausea, vomiting or diarrhea. This can lead to low protein levels and/or weight loss and malnutrition. As a result, you may have difficulty tending to your daily activities. IDPN is nutrition given during dialysis. It provides your body with protein. It also contains carbohydrate and for some patients it may also contain lipids (a type of fat) for additional calories. Pentec Health is a licensed pharmacy where your personalized prescription of IDPN will be prepared. The goal of the therapy is to improve your appetite, strength and energy.

#### How do I know if I need IDPN?

Your doctor and dietitian will review your medical records, albumin and other lab work, protein and calorie intake, weight history, and special needs to determine if IDPN is right for you.

### Will I have any side effects with IDPN therapy?

Our formulas are prepared safely and individualized to meet your nutrient needs. You should not experience any side effects. However, if you do experience side effects, your dietitian, nurse, or doctor will help determine the cause of the problem and treat it accordingly so that you can continue to receive IDPN.

#### How will I receive it?

You will receive the therapy from an IV bag during each dialysis treatment. IDPN will not make your dialysis treatment last any longer than usual.

#### How long will I need to continue IDPN therapy?

The length of therapy is different for everyone and depends on your nutritional needs. You should see results within the first few months. Continue to follow advice from your dietitian and physician about food and supplements while you receive IDPN therapy.

#### Is IDPN covered by my insurance?

IDPN therapy is covered by some state Medicaid plans, Part D Medicare plans and a variety of commercial insurance plans. Pentec Health will bill your insurance company directly. Before starting your therapy, Pentec Health will review your insurance and let you know about any copay or deductible obligations you may have. We understand financial circumstances differ. We offer a variety of flexible payment options, including payment plans, and an individualized account review, upon patient request, to determine if the patient qualifies under any assistance programs. Pentec Health complies with all Federal and State Privacy laws pertaining to your protected health information.

Talk to your doctor or dietitian at the dialysis clinic and ask them to call a Pentec Health representative today.

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