

# Living Well Before & After Transplantation



# TELEHEALTH: Connecting with a Doctor from Home

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- What are the main differences between a telehealth visit and an actual in-office visit?



- How do I know if I should request an in-person visit for something other than a 'routine' or annual check-up?



- What about the security of the visit? Can anyone hack into the conversation during the visit?



- How is my privacy protected?



- Will I get instructions on how to prepare for the visit? Do I have to have special technology to do the visit?





- How long is a typical telehealth visit? Can a family member attend a virtual visit with me?



- If I am feeling anxious and nervous about the upcoming visit, any recommendations on how I can ease my stress level?



- What should I do to prepare for my telehealth ‘visit’? Do I need to get any tests before the visit?



- What if I have questions during the visit?



- Will the doctor review all of the information at the end of the visit? Tell me what to do after the visit?



- What if I have questions after my visit? What should I do?



- What kind of follow up can I expect after the visit?



- How can I learn more?





- Are there any good articles or websites on telehealth?



# Questions?



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