Living Well Before & After Transplantation
TELEHEALTH: Connecting with a Doctor from Home

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• What are the main differences between a telehealth visit and an actual in-office visit?
• How do I know if I should request an in-person visit for something other than a ‘routine’ or annual check-up?
• What about the security of the visit? Can anyone hack into the conversation during the visit?
• How is my privacy protected?
• Will I get instructions on how to prepare for the visit? Do I have to have special technology to do the visit?
• How long is a typical telehealth visit? Can a family member attend a virtual visit with me?
• If I am feeling anxious and nervous about the upcoming visit, any recommendations on how I can ease my stress level?
• What should I do to prepare for my telehealth ‘visit’? Do I need to get any tests before the visit?
• What if I have questions during the visit?
• Will the doctor review all of the information at the end of the visit? Tell me what to do after the visit?
• What if I have questions after my visit? What should I do?
• What kind of follow up can I expect after the visit?
• How can I learn more?
• Are there any good articles or websites on telehealth?
Questions?
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